



Midwest Hockey Academy

Elite Player Development Program

Come and train with the pros! Our training program provides players the opportunity to purely work on their individual skills at a high tempo. Each participant will receive 11 training sessions taught by coaches dedicated to individual player development. Each session is 1.5 hours. Separate sessions for travel and house players. Limited to 30 Players

Monday Training Sessions

September 18 - February 26 (Clinic Times on Back of Flyer)

FEAUTRES:

- Power Skating - drills will force each participant to skate 'outside' their comfort zone and teach explosive skating techniques
- Overspeed - emphasis on quickness and 'keeping your feet moving' while skating with and without the puck to increase you acceleration and agility
- Edge Control and Balance - focus on tight turns, transitions as well as your overall center of balance
- Puck Handling - learn proper puck handling and control in a game like atmosphere
- Puck Protection - focus on protecting the puck in game like situations with a strong emphasis on placing your body between the puck and the opponent
- Passing - discover new found skills on how to give a receive precise passes
- Shooting - learn new techniques to improve your shot accuracy and velocity
- Positioning - combination of body positioning and positioning on the ice to prepare individuals to be ready to give and receive the puck

Coaching Staff

Kyle Hood

KC Mavericks Assist Coach / Jr Mavs Hockey Director

Brandon Schultz

Jr Mavs HS Head Coach / Coaching Director

Chris Johnston

Jr Mavs Director of Player Development

Matt Stephenson

St. Cloud State Captain NCAA D1

Mike Kempkes

KC Mavericks Strength Coach / Mavs U16 Head Coach

Bryce Aneloski

AHL & ECHL Defenseman

John Scott Dickson

KC Mavericks Head Coach

Email Registration To:

Brandon_Schultz@ComcastSpectacor.com

Mailing Address:

Silverstein Eye Center Arena
19100 E. Valley View Pkwy
Independence, MO 64055

\$250 Program Fee. Payment Plans Available

Cash, Check & Credit Cards Accepted

Make Checks Payable to 'SECA'

First _____ Last _____ DOB _____

House Player Travel Player Current Team _____ Jersey Size _____

CHECK BOX BASED ON YOUR CURRENT TEAM, NOT DESIRED GROUP

Address _____ City _____ State _____ Zip _____

Phone# _____ Email _____

Terms & Conditions/Waiver Release of Liability

Each person ("Participant") using the Silverstein Eye Centers Arena ("SECA") assumes all risk of personal injury, which may result from participation in all activities conducted at the SECA. The Participant will not hold SECA, KC Mavericks Professional Hockey Team or Comcast Spectacor, or any of its officials, staff, owners, or the proprietor, liable for injury, which the Participant may sustain while participating in any activities, conducted at the SECA. The participant understands and agrees that the sport of ice hockey, ice-skating and all on-ice activities has physical dangers, which may result in serious injury or death. The Participant is advised to carry medical insurance. The Participant certifies that he/she has no known medical condition, which would prohibit him/her from playing the sport of ice hockey or ice-skating.

Parent(s)/Guardian(s) Signature _____ Date _____

Travel Sessions

- ♦ SESSION #1: 9/18 @ 6:30PM - 8:00PM
- ♦ SESSION #2: 10/2 @ 6:30PM - 8:00PM
- ♦ SESSION #3: 10/16 @ 6:30PM - 8:00PM
- ♦ SESSION #4: 10/30 @ 6:30PM - 8:00PM
- ♦ SESSION #5: 11/13 @ 6:30PM - 8:00PM
- ♦ SESSION #6: 11/27 @ 6:30PM - 8:00PM
- ♦ SESSION #7: 12/11 @ 7:30PM - 9:00PM
- * Holiday Hockey Camp / More Details To Come
- ♦ SESSION #8: 1/8 @ 6:30PM - 8:00PM
- ♦ SESSION #9: 1/22 @ 6:30PM - 8:00PM
- ♦ SESSION #10: 2/5 @ 6:30PM - 8:00PM
- ♦ SESSION #11: 2/19 @ 6:30PM - 8:00PM

House Sessions

- ♦ SESSION #1: 9/25 @ 6:30PM - 8:00PM
- ♦ SESSION #2: 10/9 @ 6:30PM - 8:00PM
- ♦ SESSION #3: 10/23 @ 6:30PM - 8:00PM
- ♦ SESSION #4: 11/6 @ 6:30PM - 8:00PM
- ♦ SESSION #5: 11/20 @ 7:30PM - 9:00PM
- ♦ SESSION #6: 12/4 @ 6:30PM - 8:00PM
- ♦ SESSION #7: 12/18 @ 6:30PM - 8:00PM
- * Holiday Hockey Camp / More Details To Come
- ♦ SESSION #8: 1/15 @ 6:30PM - 8:00PM
- ♦ SESSION #9: 1/29 @ 6:30PM - 8:00PM
- ♦ SESSION #10: 2/12 @ 6:30PM - 8:00PM
- ♦ SESSION #11: 2/26 @ 6:30PM - 8:00PM



WHICH SESSION IS RIGHT FOR YOU?

Each session will focus on individual player development. The division of groups provides the appropriate level of training for each participant by placing them with similar players so they can reach their maximum potential. The coaches will use a lot of the same drills and coaching tactics for both sessions.

Your group is determined based on your assigned team for the 2017-2018 hockey season. For example, if you are registered to play in the house division (this includes house select), you will be assigned to the house training sessions. If you are registered to play in the travel division, you will be assigned to the travel training sessions. Requests to participate with an alternate group will not be accepted.



* *Holiday Hockey Camp Not Included. The Midwest Hockey Academy will be scheduling a high tempo camp over the holidays and will feature the current coaching lineup. Information will be available shortly*