

# ACADEMY OVERVIEW

Come learn the game of hockey from professional instructors who have your developing hockey players best interests in mind. We pride ourselves in our knowledge of teaching hockey fundamentals. We will work with each participant on a personal level to insure that we are teaching them the proper skills.

We will take the time to teach the players at 'their' pace so that they can properly develop their skills.



Each practice plan is designed by Certified USA Hockey Coaches who are dedicated to the success of player development.



CENTERPOINT  
MEDICAL CENTER



SILVERSTEIN  
EYE CENTERS ARENA



## Learn To Play Hockey

Centerpoint Community Ice  
19100 E. Valley View Parkway  
Independence, MO 64055

Phone: 816-442-6128

E-mail: [Brandon\\_Schultz@ComcastSpectacor.com](mailto:Brandon_Schultz@ComcastSpectacor.com)

**NEW AFTERNOON HOURS!!**

**NO EXPERIENCE REQUIRED**



Watch your kid soar.  
Start Date: July 29th  
**Sunday Clinics**  
7 Week Program  
**No Class- Sept 2nd**

Centerpoint Community Ice  
19100 E. Valley View Pkwy  
Independence, MO 64055

**Learn To Play Hockey**

**SIGN UP AND RECEIVE UNLIMITED PUBLIC SKATING TO PRACTICE YOUR SKATING**

Rink provides skates and stick!

**Please bring your own helmet w/ cage and hockey gloves**

Rink will have a limited supply of helmets and gloves available for rent

The Learn To Play Hockey program is designed for any individual looking to learn how to play the worlds fastest team sport. The best part is that there is no experience required.

The program incorporates 3 different levels and will place kids accordingly based on age, skill and background.

This program will have a strong focus on the skating techniques necessary to play the game of hockey but will also include proper puck handling, shooting and passing techniques, stressing proper body positioning and balance.

Participants will develop their skills through group and individual instruction and will naturally progress through the program until they are ready to join a youth hockey team. There are no tests. Progression is based on instructor recommendation

Each session is 60 minutes long and available to all ages.

Don't miss out on the fun...



**Please Make Check Mark Next To Desired Level**

Players will be assigned to appropriate level during the first clinic.  
Players will be grouped primarily on skill level

**Level 1A - 6 & Under** .....

**Level 1B - 7 & Older** .....

Curriculum: Beginner hockey skating skills such as (but not limited to) falling and recovery, basic hockey stance, two foot glides, forward swizzles, snowplow stopping and progression into hockey stride.

Level Emphasis:  
Skating: *Strong*  
Puck Handling: *Minimal*  
Passing/Shooting: *Minimal*

**Required:**  
Helmet  
Gloves  
Stick  
Skates

**Level 2 - Draft Pick** .....

Prerequisite: Participate in Level 1

Curriculum: Intermediate hockey skating skills such as (but not limited to) the hockey stride, c-cuts, backwards swizzles, hockey stop, turning and introduction to puck handling, passing and shooting

Level Emphasis:  
Skating: *Strong*  
Puck Handling: *Moderate*  
Passing/Shooting: *Moderate*

**Required:**  
Helmet  
Gloves  
Stick  
Skates

**Level 3 - Veteran** .....

Prerequisite: Participate in Level 2

Curriculum: Advanced hockey skating skills such as (but not limited to) the hockey stride, crossovers, transitions, power turns, tight turns, backward stops and continued development of puck handling, passing and shooting skills. Each clinic ends with a scrimmage

Level Emphasis:  
Skating: *Strong*  
Puck Handling: *Strong*  
Passing/Shooting: *Strong*

**Required:**  
Full Gear

**PROGRAM FEE: \$140.**

Please pay in Pro Shop or Call 816.442.6128

**Sunday Clinic Dates/Times:**

**July 29th, Aug. 5th, 12th, 19th, 26th,  
Sept. 9th, 16th**

**All Sessions start at 2:20PM**

Players Name \_\_\_\_\_

Players Date of Birth \_\_\_\_\_

Parents Name(s) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Primary Phone # \_\_\_\_\_

**Terms & Conditions/Waiver Release of Liability**

Each person ("Participant") using Silverstein Eye Centers Arena/Centerpoint Community Ice (SECA) assumes all risk of personal injury, which may result from participation in all activities conducted at the SECA. The Participant will not hold the SECA, Spectra Venue Management and the City of Independence, or any of its officials, staff, owners, or the proprietor, liable for injury, which the Participant may sustain while participating in any activities, conducted at the SECA. The participant understands and agrees that the sport of ice hockey, ice-skating and all on-ice activities has physical dangers, which may result in serious injury or death. The Participant is advised to carry medical insurance. The Participant certifies that he/she has no known medical condition, which would prohibit him/her from playing the sport of ice hockey or ice-skating.

Parents Signature \_\_\_\_\_

Date \_\_\_\_\_