



Holiday Hockey Camp

SILVERSTEIN EYE CENTERS ARENA: 19100 EAST VALLEY VIEW PARKWAY INDEPENDENCE, MO 64055

\$50

Per Session

Session A: Dec. 22 & 23 / 12:15pm - 1:45pm

Session B: Dec. 26 & 27 / 11:30am - 12:45pm

\$80

For Both

CAMP FEATURES:

ON ICE TRAINING WILL INCLUDE:

- **POWER SKATING:**
Drills will teach each player to skate 'from their core' increasing the efficiency, power and agility of their skating technique
- **OVERSPEED:**
Emphasis on quickness to increase acceleration and agility with and without the puck
- **EDGE CONTROL AND BALANCE:**
Focus on lowering the center of gravity will allow athletes to negotiate power turns and changes of direction quicker and with more control
- **PUCK HANDLING:**
Learn proper puck handling and control in game-like atmosphere
- **PUCK PROTECTION:**
Focus on protecting the puck in game-like situations with a strong emphasis on placing your body between the puck and the opponent
- **PASSING:**
Discover skills on how to give and receive precise passes
- **SHOOTING:**
Techniques to improve your shot accuracy and velocity

Camp Personnel:

Brandon Schultz

KC Jr. Mavs Coaching Director / Mavs HS Head Coach

Chris Johnston

KC Jr. Mavs Hockey Director / 8U Coordinator

Missouri Mavericks Instructors

John Scott Dickson

Missouri Mavericks Head Coach

Kyle Hood

Missouri Mavericks Assistant Coach

Simon Watson

Missouri Mavericks Director of Player Development

DEVELOPMENT STATIONS:

Participants will be divided into smaller groups based on their age/skill level. From there we will split up into different stations and focus on specific skills. This gives your child the opportunity to work closer with the instructors to help them reach their maximum potential

Questions/Registration: Contact Brandon Schultz
Brandon_Schultz@ComcastSpectacor.com

Please Check
Desired Camp(s)

Session A:

Session B:

_____		_____	_____
Players Last Name	Player First Name	DOB	
_____		_____	
Parents Names		Email	
_____		_____	
Address		City	Zip
_____		_____	
Home		Cell	

Terms & Conditions/Waiver Release of Liability - SECA has a no refund policy

Each person ("Participant") using the Silverstein Eye Centers Arena ("SECA") assumes all risk of personal injury, which may result from participation in all activities conducted at the SECA. The Participant will not hold the SECA, Missouri Mavericks, or any of its officials, staff, owners, or proprietor, liable for injury, which the participant may sustain while participating in any activities, conducted at the SECA. The participant understands and agrees that the sports of ice hockey, ice-skating and all on-ice activities has physical dangers, which may result in serious injury or even death. The Participant is advised to carry medical insurance. The Participant certifies that he/she has no known medical condition, which would prohibit him/her from playing the sport of ice hockey or ice-skating

Signature: _____ Date: _____

Register By Contacting Brandon_Schultz@Comcastspectacor.com / 816-442-6128 or

Drop Off Registration In The 'Jr Mavs Mailbox' Located Next To The Centerpoint Community Ice Offices