# HOCKEY IN FOCUS OVERVIEW

Come learn the game of hockey from professional instructors who have your developing hockey players best interests in mind. We pride ourselves in our knowledge of teaching hockey fundamentals. We will work with each participant on a personal level to insure that we are teaching them the proper skills. We will take the time to teach the students at their pace so that they can properly develop their skills

Each practice plan is designed by Certified USA Hockey Coaches who are dedicated to the success of player development.

HOCKEY IS FOR EVERYONE!!!



#### HOCKEY 'IN FOCUS'

INDEPENDENCE EVENTS CENTER 19100 E. VALLEY VIEW PKWY INDEPENDENCE, MO 64055

# CENTERPOINT COMMUNITY ICF PRESENTS:





INTRODUCTORY/INTERMEDIATE & ADVANCED HOCKEY DEVELOPMENT PROGRAM

START DATE: MAY 31

MEETING SUNDAYS @ 2:10PM

(MAY 31, JUNE. 7, 14, 21, 28)

Easy access off of Interstate 70, Highway 40 & Missouri 291 Independence, Missouri

NEW
5 SESSION PROGRAM



Hockey In Focus is a program designed for beginner, intermediate and advanced hockey players and players wanting to continue their hockey development. Participants should have a basic skating background and/or have

participated in our Learn to Skate program and have passed Basic Level 4 or Hockey Level 2.



This program is intended to introduce basic/advanced hockey skills and concepts while maintaining a focus on proper skating techniques that are necessary in the game of hockey. Participants will learn proper puck handling, shooting and passing techniques, stressing proper body positioning and balance. Participants will develop their skills through both group and individual instruction. Each session is 1 hour and available to all ages.

## **Main Development Skills**

- Proper Skating Techniques
- Power Skating
- Puck Handling
- Shooting
- Passing
- Positioning
- Team Concepts

### **DEVELOPMENT STATIONS:**

Participants will be divided into small groups based on their age/skill level. From there we split up into different stations and focus on specific skills. This gives your child the opportunity to work 1 on 1 with the instructor to help them reach their maximum potential

### For More Information Contact:

**Brandon Schultz** 

Hockey Director/ Head Instructor Bschultz@IndependenceEventsCenter.com

(p) 816-442-6128

(f) 816-442-6139

www. Independence Events Center. com



Parents Name(s)
Players Name
Address
City
StateZip
Primary Phone #
Secondary Phone #
Email
Sunday Sessions:
(MAY 31, JUNE 7, 14, 21, 28)
@ 2:10PM
Program Fee: \$75
Payment Method
Visa □ MC □ Disc □
□ Check □ Cash
CC#
Exp. Security Code

#### Terms & Conditions/Waiver Release of Liability

Each person ("Participant") using Independence Events Center assumes all risk of personal injury, which may result from participation in all activities conducted at the Independence Events Center. The Participant will not hold the Independence Events Center, Global Spectrum LP and the City of Independence, or any of its officials, staff, owners, or the proprietor, liable for injury, which the Participant may sustain while participating in any activities, conducted at the Independence Events Center. The participant understands and agrees that the sport of ice hockey, ice-skating and all onice activities has physical dangers, which may result in serious injury or death. The Participant is advised to carry medical insurance. The Participant certifies that he/she has no known medical condition, which would prohibit him/her from playing the sport of ice hockey or ice-skating.