

Learn to Skate

First Day of Classes



Thank you for participating in our Learn to Skate Program! We are very excited to have you on board, and want to make sure your experience is the best. If you have never participated in our Learn to Skate Classes before, please take a few minutes to prepare yourself for what we hope is a very exciting day.

Prior to Entering the Rink

- Enroll in classes over the phone (816-442-6128), or in person at the Pro Shop. All participants must also register as members with US Figure Skating for sports accident insurance (annual \$12 fee, valid from 7/1 to 6/30).
- If you plan registering the day of classes, please allot yourself extra time in case there is a queue.
- If you registered over the phone, you may pay your balance on the first day of classes.
- Dress for success! Wear pants that allow for flexibility, avoid shorts and jeans. Dress in layers, bring gloves or mittens, and avoid long scarves. Wear regular socks that come above the ankle. We recommend rounded helmets for young skaters.

When Entering the Rink

- If you have not paid for classes or USFS Membership, stop by the Pro Shop.
- Check in with a rink employee, and they will give you your name badge prior to class. This badge serves as your skaters' admission pass to class and to receive skates.
- Pick up your rental skates in the pro shop. Tell the employee your shoe size and they will give you the appropriate skate. If skates are too big it will be very difficult to balance, so make sure they fit very snug.
- We have rental lockers located along the lobby walls near the rink if you would like to store your belongings in a more secure location.
- Tie your skates: Loosen the laces; place feet inside; boot should fit snug; tighten laces; cross laces around the hooks; secure with a bow; tuck loose ends in top of skate.
- If you have never skated before, we recommend starting with figure skates as they have a longer, flatter blade than the hockey skates, making them easier to balance.

Class Time

- Entry level classes (Snowplow Sam, Basic 1, Hockey 1, and Adult 1) all meet off the ice prior to stepping on the ice. Meet near the party room and wait for your assigned instructor to introduce you to the wonderful world of skating!
- Throughout the session, listen for class assignments over the PA system, in case we have scheduled a substitute instructor. Coaches will be introduced and will wave when their name is called. Be on the lookout for your class instructor.

After Class

- There is a New Parent Education Meeting on Week 1 of each session in the Party Room.
- Utilize the included public sessions over the duration of your Learn to Skate Class for extra practice!
- You may also practice in a coned off area opposite your class time if there is space available on the ice (priority is given to classes). Use this time to work with your new friends on elements you learned during class. Expect to progress through diligent practice!

Nick Kraft, Skating Director · Independence Skating Academy at Centerpoint Community Ice

Silverstein Eye Centers Arena · 19100 E Valley View Parkway · Independence, MO 64055

O: 816-442-6128 · M: 816-859-9920 · nick_kraft@comcastspectacor.com