



Freestyle Ice Rules & Guidelines



- *Please sign in at the pro shop BEFORE you get on the ice!
- *Keep moving when you are on the ice!
- *Keep your head up and always watch out for other skaters on the ice!
- *Skaters playing their program have the right of way and should wear designated sash while playing their program on busy sessions. Please watch to make sure you know who has their program on so that you can watch out for them.
- *Watch out for skaters in lessons, doing moves in the field patterns, and ice dancing patterns
- *Try to do your spins in the middle of the ice and stroking and jumps around the outside of the rink when possible
- *Be respectful of other skaters and coaches on the ice
- *Inappropriate behavior such as kicking the ice, stomping, pouting, etc. will not be tolerated—you need to be a role model when you are on the ice!
- *Coaches giving lessons have the right of way on playing music so that they can give productive lessons. If a coach is not playing music, then skaters are encouraged to play their programs.
- *Make sure that you are working while you are on the ice. We want you to have fun, but this is not social hour. If you to communicate to another skater, it must be done at the wall. Please get off the ice if you would like to socialize or skate on one of our public sessions.
- *The Skating Director and all Staff Coaches have the right to ask any skaters to get to work if skaters are socializing.
- *If you have a problem, come find the Skating Director, Rink Management, any staff coach, rink staff, or HFSC board member.
- *Parents are asked to sit in the lobby area or bleachers to keep a productive and comfortable environment for skaters and coaches. Players benches are only for coaches and skaters.
- *Absolutely no cell phone use including texting or videoing while on the ice.
- *Skaters need to stay on the ice their entire sessions. Please bring out all items you will need including music, water, notebooks, tissues, etc.
- *Hair should be neatly pulled back and out of skater's face.
- *All items need to be removed from the boards during ice makes.
- *Have fun and work hard!! 😊

I hereby agree to follow the rules and guidelines set forth by the Heartland Figure Skating Club and Centerpoint Community Ice Rink anytime I am on the ice at any facility or any event.

Skater Signature _____ Date _____

I hereby agree to enforce the guidelines set for by the Heartland Figure Skating Club and Centerpoint Commuinty Ice Rink for my skater.

Parent Signature _____ Date _____