

Parents, Skaters, and Coaches,

We are so excited to announce our Independence Advanced Summer Clinic with our Guest Coaching Staff: John Coughlin, two time US National Pair Champion; Michelle Lauerman, PSA Quadruple Master Rated Coach, and Grant Huang, PSA Double Master Rated Coach.

Clinic will run the following times:

Fri, July 7th & Sat, July 8th

Level 1 - 10:00am-2:00pm

Level 2 - 10:00am-3:00pm

Level 3 - 10:00am-3:30pm

Clinics will be divided by level:

Level 1 - Pre-requisite - Loop jump

Skaters will work on developing their singles jumps, single jump combinations, axel, spin basics, combination spins, basic edge exercises, and basic footwork.

Level 2 - Pre-requisite - Axel

Skaters will work on developing their axel, double salchow, & double toe, advanced double jump exercises, combination spins, flying spins, advanced edge exercises, and advanced footwork.

Level 3 - Pre-requisite - Double loop

Skaters will work on developing double loop, double flip, & double lutz, double axel, triple jump exercises, difficult flying spins, IJS spins, IJS step sequences, skating skills, and transitions.

Sign Up:

Click on the following link to sign up online:

[ADVANCED SUMMER CLINIC REGISTRATION](#)

Cost / Payment:

Early Bird (by June 1st)

Level 1 - \$100 by 6/1

Level 2 - \$150 by 6/1

Level 3 - \$175 by 6/1

Regular Fee

Level 1 - \$125

Level 2 - \$175

Level 3 - \$200

Please make payment directly to Michelle Lauerman via PayPal (michelle.lauerman@gmail.com) or Venmo (Michelle-Lauerman). Please include your skater's name in the payment note.

Private Lessons:

John & Michelle will be available for private lessons Thursday as well as Friday and Saturday prior to the clinic. Please mark on your registration form if you are interested in private lessons. Lessons are 20 min and cost is \$28 per 20 min with John and \$24 per 20 min with Michelle. Skaters can schedule three lessons (one hour) total. If additional time is available, then participants will be notified. Please make private lesson payments directly to the coach the day of the clinic.

Questions?

Contact Michelle Lauerman at michelle.lauerman@gmail.com